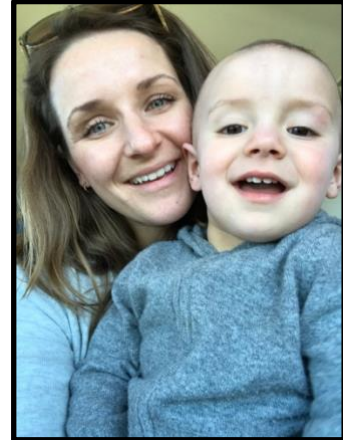


# **Fine Arts with Ms. Espeseth**

Kindergarten  
Divisions 18 and 19

April 20-24, 2020



## **Activity 1: Listening**

[Click here](#) to watch a fun video about singing high, low and in the middle.

## **Activity 2: Warming up our voices**

A fun activity that helps us prepare our voices for when we are singing.

Steps:

1. Find a ball (bouncy ball, soccer ball, beach ball etc.) and/or a scarf that you can hold on to and wave in the air
2. Throw the ball up in the air – let the ball bounce as many times as it can. OR hold on to the scarf and wave it high in the air, and then let it float down low.
3. With the ball or scarf we are going to practice being a siren, WWOOOOOOOOEEEEEEEEEE.
4. [Click here](#) to see my ball and scarf example

## **Activity 3: Song of the Month**

We are learning a song called “You are my Sunshine”.

Steps:

1. Please [click here](#) for the link to the song and the lyrics/pictures.
2. Try to listen to the song 2-3 times per week.

## **Activity 4: Using story for artistic expression**

[Click here](#) to listen to the story “My Heart Fills with Happiness” by Monique Gray Smith.

Steps:

1. Brainstorm with your parents, older brother or sister, grandparents etc.: what fills your heart with happiness?
2. Choose an option below:

**Option 1: Create a tableau/frozen picture**

A tableau is a dramatic form where you use your body and facial expressions to create a *frozen* picture that tells a story.

In this case, you will create a tableau/frozen picture of what fills your heart with happiness!

[Click here](#) to see my example.

Take a short video (like mine above) and send it to me.

[pespeseth@sd79.bc.ca](mailto:pespeseth@sd79.bc.ca)

\*\*\*You only need to create one tableau, I just gave two examples.

OR

**Option 2: Draw a picture**

Using a piece of paper, pencil, crayons, felts (whatever medium you have), draw a picture of what fills your heart with happiness.

Take a picture and send it to me.

[pespeseth@sd79.bc.ca](mailto:pespeseth@sd79.bc.ca)