



# Kindergarten Learning Activities

May 11-15

**\*\*Read with your child every day\*\***

wellness	play	literacy	numeracy
Learn some new yoga moves with <a href="#">Cosmic Kids Yoga</a> .	Watch this <a href="#">video</a> of what plants need to grow and survive.	Letter Hunt - Find words that have the letter Xx in them. Practice printing Xx by using things like pencil and paper, finger in salt, stick in the dirt or with play dough!	Trace your foot on a piece of paper and cut it out. Use your foot to measure things around your house. What is bigger, smaller and the same size (equal)?
Make a stress ball with a couple balloons, cornstarch or flour. <a href="#">Click here</a> for how to make one.	Go on a <a href="#">Neighbourhood Scavenger Hunt</a>	In your journal this week draw something you like to do outside. Add some labels by stretching out the sounds you hear in the word.	Gather a different "collection" of items to count. <a href="#">Click here</a> for how to do counting collections.
Listen to Monique Gray Smith read her new book <a href="#">"When We Are Kind"</a> What are some things you can do to be kind? What have other people done to be kind to you?	Sit back to back with someone. Listen quietly with your eyes closed for a few minutes. Tell about what you heard. What did the other person hear? Did you hear the same things?	Print your name on paper. Cut each letter out. Mix the letters up and then put them back together to make your name. Can you make other small words using the letters in your name?	Play the card game Garbage, Go Fish or War with someone in your family.
Play Monster Feelings Match Up. <a href="#">Click here</a> to see how the game can be played. Practice what your body looks like and feels like for each feeling before you begin.	Try another experiment! Remember what scientists do - predict, try, observe and record. <a href="#">Magic Milk Experiment!</a>	Listen to this <a href="#">story</a> about plants.	Find 8 of one object and put them into 2 groups. Example: 5 in one group and 3 in the other. Say a math sentence "5 and 3 make 8".